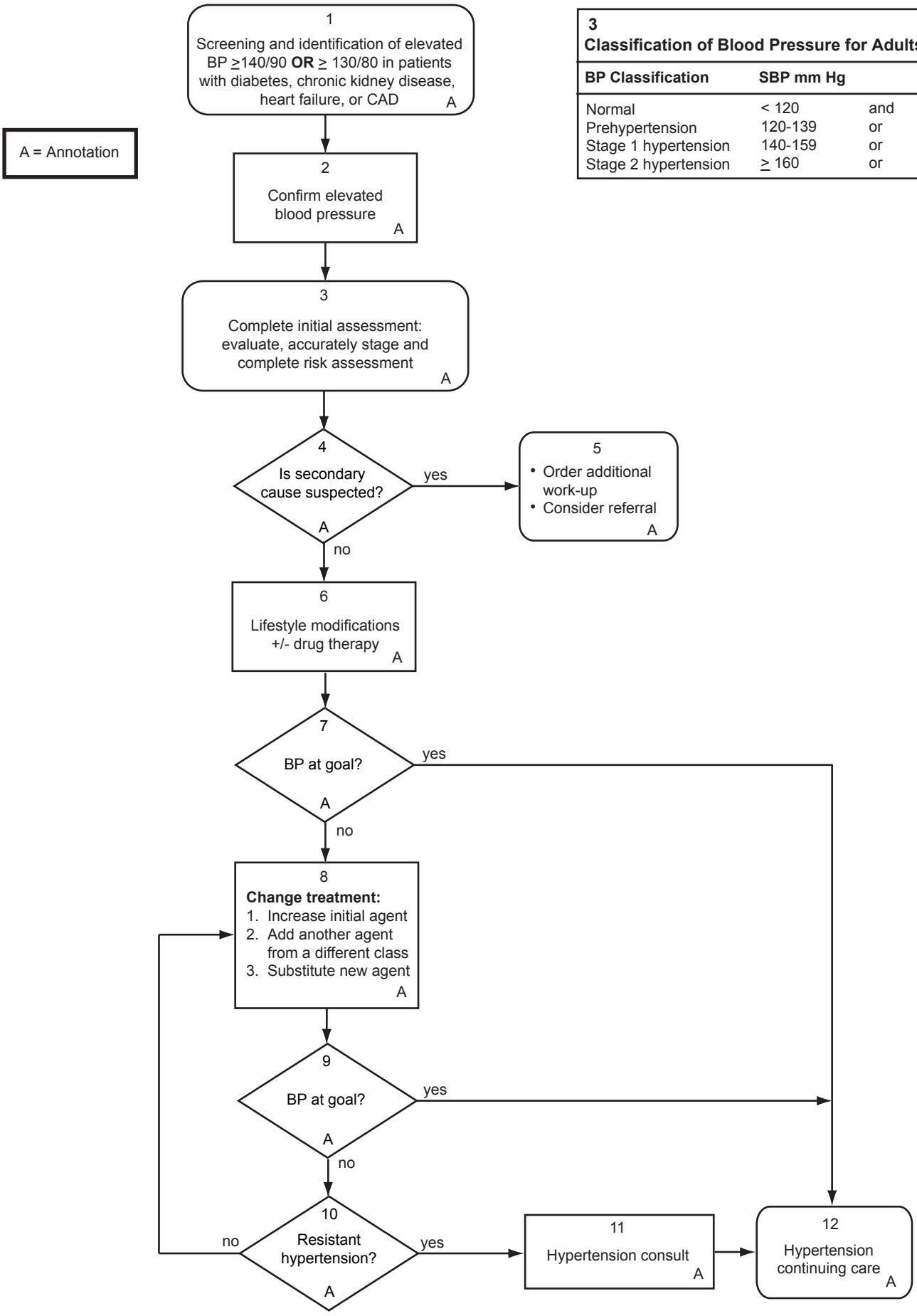
Source: Institute for Clinical Systems Improvement (ICSI). Hypertension diagnosis and treatment. Bloomington (MN): Institute for Clinical Systems Improvement (ICSI); 2005 Oct. 53 p.

Hypertension Diagnosis and Treatment



3
Classification of Blood Pressure for Adults

BP Classification	SBP mm Hg		DBP mm Hg
Normal	< 120	and	< 80
Prehypertension	120-139	or	80-89
Stage 1 hypertension	140-159	or	90-99
Stage 2 hypertension	≥ 160	or	≥100

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